

Labor and Delivery Clinicians

Pacific Women's Center | Eugene

Kaiser Permanente partners with organizations within the community for prenatal care in the Eugene area. Pacific Women's Center is an option for Kaiser Permanente patients.

Pacific Women's Center provides individual and personalized care to our patients, with physicians always striving to do their own deliveries. The term obstetrics comes from the Latin word *obstare*, which means, "to stand by." At Pacific Women's Center, they take that definition seriously. Their staff will be by your side throughout your pregnancy, and your doctor will be at the hospital to deliver your baby, because that's what they love to do. Their passionate group of obstetricians have come together because of shared goal: to provide the best care possible for women at every stage of their lives.



Pacific Women's Center

10 Coburg Rd, Ste 100
Eugene, OR 97401

[PacificWomensCenter.com](https://www.pacificwomenscenter.com)



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Pacific Women's Center



Sohee Willians, MD

OB/GYN SPECIALIST

Dr. Sohee Willians grew up in the Emerald Valley and joined Pacific Women's Center in 2013. She graduated from South Eugene High School and continued her education at the University of Oregon. She completed a degree in biology and a minor in biochemistry before completing medical school at Oregon Health and Science University where she met her husband. Together, they moved to the Midwest for residency at the University of Kansas when they decided that there was no place like home. Dr. Williams happily moved back to Eugene after training where she put down roots and grew both her family and her practice - two things that brings her immense joy and compassion. They both remind her daily of the importance of the human experience, and joys big and small.

Dr. Williams has interests in family planning, contraception, low- and high-risk obstetrics, infertility, general gynecology, and minimally invasive surgery. She comes trained in the Intuitive Da Vinci Robotics surgical technique. She has an interest in the education and guidance of the adolescent and young adult patient as they transition to take ownership of their healthcare knowledge and choices. She is looking forward to providing personalized one on one care and following her patients through the different periods of their lives from adolescence to menopause and beyond.



Richard A. Beyerlein, MD

OB/GYN SPECIALIST

Dr. Beyerlein has been passionately committed to improving women's health care for over 30 years. When Dr. Beyerlein founded Pacific Women's Center in 1996, it was with the hope of providing an atmosphere where physicians can continually strive for excellence and provide state of the art care, in all phases and aspects of a woman's life.

Because of his commitment to women's health care, Dr. Beyerlein has taken on a variety of leadership, teaching, and mentorship roles in the fields of obstetrics, gynecology, and gynecologic surgery. He has served as the chief of obstetrics and gynecology departments at both PeaceHealth Hospital and McKenzie-Willamette Medical Center. He has also served on each hospital's executive and hospital quality assurance committees.

Dr. Beyerlein has guest lectured throughout the United States and abroad on a variety of subjects in the fields of obstetrics, gynecology, and gynecologic surgery. These teaching experiences provided Dr. Beyerlein with the privilege and opportunity to meet, learn from, teach with, and be taught by some of the most highly respected physicians in the world.

Dr. Beyerlein has also worked to advanced women's health care by serving as a principal investigator for over 25 years for studies developing testing

and treatments for a wide variety of , including endometriosis, cervical cancer prevention, uterine leiomyoma, management of post-menopausal disorders.

In recognition of these efforts, and his steadfast commitment to women's health care, Dr. Beyerlein has received multiple awards for his outstanding performance in the study of medicine, for excellence in teaching, and his research contribution in the fields of obstetrics and gynecology.

Dr. Beyerlein is proud to be happily married for over 30 years and grateful to have raised three wonderful children (along with multiple animals, including cats, dogs, and a horse).



Tamara A. Stenshoel, MD

OB/GYN SPECIALIST

Dr. Tamara "Tami" Stenshoel grew up in Eugene. She is a second generation "Axeman" graduating from SEHS. Both of her parents were the "first generation Axeman" of the family. Her kids both were third generation "Axeman."

Four years later she completed 2 Bachelor of Science degrees at the U of O, in Speech Pathology and Audiology as well as Psychology. She also earned her teaching certification at that time. She started out teaching Special Education and completed her Master's degree in Special Education, with a focus on severely handicapped children 2 years after undergrad.

Following four years of serving as a Special Education Teacher in Eugene, she returned to school to complete pre-med requirements. During this time, she worked as a laboratory technician in Biology at the U of O. She left Eugene to go on to medical school receiving her M.D. degree from OHSU. With her newborn daughter, Nonda and her husband, she left her beloved Northwest for internship and residency at the Arizona Health Sciences Center, School of Medicine, in Tucson. The program was valuable, but she learned the desert was not for her. On completing her residency, she returned to Eugene in 1992 to begin her practice of Obstetrics and Gynecology. She delivered her son, Gus, one month later.

In 1996, she co-founded Pacific Women's Center with Dr. Beyerlein and Dr. Stafl. She has developed a strong practice because of her commitment to women's health care, both physical and emotional. She strives to provide compassionate patient care by taking the time to listen and educate, resulting in a relationship that recognizes the involvement of both patient and physician. She strides to optimize health care to women of all ages. She truly loves her job.

Tami has been raising her children in Eugene and enjoys all the privileges that our area has to offer. She is a strong supporter of buying locally. You will often see her at the Farmer's Market stocking up on the abundance of organic veggies. She enjoys hiking, skiing, biking, scuba diving, yoga/weight workouts, wine tasting and most important, spending time with her family and friends.



Kimberly Edwards, MD

OB/GYN SPECIALIST

Dr. Edwards was raised in the Bay Area where she met and married her high school sweetheart, Erik. She attended UC San Diego for college where she graduated Summa Cum Laude. She then traveled south to Vanderbilt University for medical school where she was elected to the Alpha Omega Alpha honors society. She returned to the Bay Area to complete her residency at Stanford University. During her 3rd year of residency, she and her husband welcomed their first child, Wesley, into the world. She moved to Eugene following residency and joined Pacific Women's Center. She delivered her second son, Hunter, shortly after. Dr. Edwards and Erik completed their family with the addition of their daughter, Adelaide, in late 2019.

Dr. Edwards has a special interest in minimally invasive surgery and received an award for excellence in laparoscopy during residency. She also enjoys family planning, obstetrics and general gynecology. She loves working closely with her patients and providing compassionate individualized care.

In her free time, Dr. Edwards spends quality time with her husband and children. Together, they enjoy exploring the Pacific Northwest, hiking, cooking, reading, and caring for their many animals.

Little Known Fact Dr. Edwards lived in Israel for two years during her childhood and attended an international school.



Sara P. Gerhards, MD

OB/GYN SPECIALIST

Dr. Sara Gerhards is a Eugene native and alumni of South Eugene High School, University of Oregon and OHSU for medical School. She joined Pacific Women's Center after residency, which she completed in Buffalo, New York. She feels fortunate to participate in helping women navigate their health through all stages of their lives.

Dr. Gerhards advocates strongly for evidence-based health care and assisting women to have the birth experience that they desire. Women have the right and ability to make informed decisions and Dr. Gerhards feels privileged to be on this journey with her patients. Dr. Gerhards is excited about the roll-out of the low intervention birth model and is excited for her patients who are interested in this option.

When she is not working, Dr. Gerhards enjoys spending time with her husband and two daughters, hiking, cycling, cooking, making jewelry and binge-watching Netflix.

Little Known Fact Dr. Sara is held in "high" regard as she has climbed to the summit of Mt. Hood and most of the tallest peaks in Oregon!



Julie A. Haugen, MD

OB/GYN SPECIALIST

Dr. Julie Haugen is board certified in Obstetrics and Gynecology, and truly loves the practice of medicine. Her goal is to partner with her patients to help them achieve optimal health and wellness. She feels that with adequate information, her patients can be empowered to make the health care decisions that are right for their individual circumstances.

Whether her patients are welcoming the birth of a new baby, working through the uncertainty of testing for genetic predisposition to cancer, or deciding to embark on major surgery, Dr. Haugen feels honored to help with their medical needs. She is inspired by the strength, dignity, and diversity of the patients she has cared for during her years as an obstetrician and gynecologist. Her patients have ranged in age from less than a year to over 90, and she now cares for a growing number of young adult patients that she delivered as a baby!

Dr. Haugen was born and raised in Iowa and attended college at the University of Iowa, majoring in biomedical engineering. She graduated at the top of her class at a time when women were greatly underrepresented in the field. She went on to attend medical school, also at the University of Iowa. In 1995, she completed residency training in Obstetrics and Gynecology at the University of California, Irvine, where she was elected to be the chief resident and received awards for outstanding teaching. She practiced briefly in Houston, Texas, prior to moving to Oregon and joining Pacific Women's Center in 1997.

She enjoys her chosen career even more each year. Her passion for medicine persists because the practice of medicine is always evolving. Dr. Haugen has found exciting new challenges in organizing the multidisciplinary Obstetric Simulations at RiverBend Hospital, which prepares the team for any unpredictable emergency situations that can arise. Among her gynecologic surgical techniques, she incorporates minimally invasive robotic surgery to optimize patient outcomes and speed recovery. Her practice is informed by the wisdom she has gained through her years of clinical experience, her continued dedication to the acquisition of new knowledge, and her personal familiarity with the vulnerability of being a patient.

In her spare time, it is the natural world that enriches her soul. She loves living in Oregon with her husband and three children. She can be found running on the Ridgeline Trail, hiking up the Butte, stand-up paddle boarding on the Deschutes River, biking off road trails, skiing on Mt. Bachelor, or just listening to the sounds of nature.



Gillian Betterton, MD

OB/GYN SPECIALIST

Dr. Gillian "Jill" Betterton was born in the UK, raised in the Midwest, and has spent most of her adult life in the Pacific Northwest. She graduated from the University of Michigan with a Bachelor of Science degree in 1983. After teaching high school and working in research, she entered the University of Vermont College of Medicine and graduated in 1992. She completed her internship in Obstetrics and Gynecology at Olive View Medical Center/UCLA

and went on to finish her residency at Riverside Regional Medical Center in Virginia.

A love of the mountains and the wonderful people of the Pacific Northwest drew Jill and her family to Eugene where they have been enjoying life ever since.

Jill worked as a full-time OB/GYN in the community for 15 years, then after a brief stint at retirement she joined Pacific Women's Center in 2012 to practice office Gynecology. She enjoys working with women of all ages, from adolescence, through menopause and beyond. She has a strong commitment to women's health through individual, compassionate care and community involvement.

Jill raised two children in Eugene and as a family they enjoyed all it has to offer. She and her husband enjoy hiking, paddle boarding, x-country skiing and the theatre. Jill is also a coxswain for a master's rowing team.

Little Known Fact Jill took a creative writing class at the U of O in 2012 just for fun, and she was born in England and immigrated to the United States at age 7.



Brian Wakefield, MD

OB/GYN SPECIALIST

Dr. Brian Wakefield grew up just North of Eugene in Philomath and has fond memories of weekends at the Eugene Farmer's Market and visits to the Country Fair. He graduated from Philomath High School before heading to Washington for undergraduate studies in Biology, Chemistry, and Spanish at Whitman College where he also competed on the varsity Swim Team. During two gap years in Colorado, he discovered an interest in Reproductive Medicine and Women's Health while researching mechanisms behind preterm labor.

He graduated from medical school at the University of Virginia in 2017 and completed residency at the University of Washington in 2021. He is excited to have joined Pacific Women's Center Summer 2021.

Dr. Wakefield comes to Pacific Women's Center with interests in contraception, low- and high-risk pregnancy, and medical and surgical management of common GYN complaints including minimally invasive gynecologic surgery. He strives to combine evidence-based medicine with a patient centered approach to help each patient find their best treatment option.

Outside of the hospital, Dr. Wakefield enjoys any and all endurance sports including swimming, road and trail running, cycling, triathlon, and is currently working on mastering XC skiing. He is excited to explore the roads and trails around Eugene.